



# March

## 2022-2023 Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fresh Fruit Cup	2 Ham & Cheese Roll up	3 Chips & Salsa
6 Graham Crackers	7 Yogurt & Granola	8 Pretzels	9 Celery Sticks & Peanut butter cup	10 Cheeze It's
13 Nutri Grain Bar	14 Fresh Strawberry Chex Mix	15 Baby Carrots with Ranch Cups	16 Chef's Choice	17  <b>No School St. Patrick's Day</b>
20 Animal Crackers	21 Yogurt Cup	22 Gold Fish Pretzles	23 Fruit Salad	24 Blueberry Muffin
27 Fresh Apple Sauce	28 Scooby Doo Snacks	29 Sliced Jicama Sticks w/chili	30 Fruit & Yogurt Smoothie	31 String Cheese & Strawberries

\*Menu is subject to change without notice\* \*Not all items may be available everyday\*

\*\*Snack meal consists of 2 of the 5 meal components\*\*

"All of the Grains/Bread items served are whole grain at 2 oz equivalent

Offered Daily: 1 cup 1% unflavored milk & fat free chocolate milk, 3/4 cup of fruit, 3/4 cup of vegetables, and 2 oz meat/meat alternative Serving ages: 6-12 & 13-18

