




May



2022-2023 Pre-School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Assorted Cereal bowl Apple	2 Chef's Inspiration	3 Egg sandwich w/cheese Fruit juice	4 Overnight Oatmeal Orange wedges	5 Fruit Smoothie Graham cracker
8 Chef's Inspiration Banana	9 Fruit Smoothie Graham cracker	10 Pancakes w/ Syrup Sausage Orange Wedges	11 Breakfast Burrito Fruit juice	12 Yogurt cup Cereal bar Strawberry
15 French Toast w/ Syrup Fruit Juice	16 Cheesy Potato Beakfast Sausage Cubed Melon	17 Cinnamon Roll Strawberry	18 Fruit Smoothie Graham crackers	19 Breakfast pizza Diced pineapple
22 Bagels w/ Cream Cheese Banana	23 Fruit Smoothie Graham craker	24 Banana Muffin Strawberry	25 Chef's Inspiration	26 Chef's Inspiration
29  MEMORIAL DAY No School	30 Assorted Cereal bowl Fruit juice	31 Chef's Inspiration		

Menu is subject to change without notice *Not all items may be available everyday*

"All of the Grains/Bread items served are whole grain at 1 1/2 oz equivalent

Offered Daily: 6oz 1% unflavored milk, 1/4 cup of fruit, 1/4 cup of vegetables, 1 1/2 oz. equivalent of meat/meat alternatives

Serving Ages: 3-5 years old

